

ONE EARTH BRISTOL LINE UP

TALKS

1015-10:45 “Opening Ceremony”

Marinella Benelli, Rachel Fleming, Kate Kalyani Braithwaite.



“Following the death of Polly Higgins, inspiring Visionary, Lawyer and Earth Protector, we felt compelled to honour and champion the legacy she left

working at the organisation she founded, Stop Ecocide, Change the Law.

Our objective at One Earth is to honour Polly’s work and our planet by offering a day of creativity, connection and wellbeing for all generations”.

10:45-11:30 “Introduction to Stop Ecocide - Change the Law”

Anita Van Rossum and Jozette Khimba . www.stopecocide.earth



Involved in her local Transition Town movement for 10 years, Anita (van Rossum) joined Polly Higgin's team in 2015. "The huge privilege of being beside Polly over 4 years before her sad passing, has given me a heartfelt knowledge of the Earth Protector campaign with its urgent aim to Stop Ecocide" Anita heads up outreach and campaigning with a very vibrant dedicated team. She is looking forward to speaking at One Earth Bristol with her colleague and friend, Jo Khimba.

Jo has been an Earth Lover, Peace Activist for many years now. She founded the Global Peace Party in Stroud in 2016. In 2017, she got arrested with Gail Bradbrook and two other women, at Preston New Road in Lancashire as part of an anti-fracking protest organised by Rising Up. She, Gail and Poheng (the other arrestee) worked closely with Polly and Jojo in preparing their defence, and were amongst the first Trustees of Earth to use the point of conscience as Earth Protectors, as part of their defence. Jozette is now part of the StopEcocide core team, working to sign up a million Earth Protectors and to see an International Law against Ecocide put in place, through the outreach and campaigning work she does.

11.45 - 12.45 “Slim your Bin”

Livvy Drake



Livvy Drake is a sustainability and behaviour change consultant ([sustainablekick.com](https://www.sustainablekick.com)). She has been working on reducing waste in her personal and professional life for the last 5 years. She has worked on festival sustainability, food waste and plastic reduction campaigns, and studied an MA in Behaviour Change at UWE to understand how to intervene with wasteful habits. She also co-hosts the podcast Woke & Confused which explores the environmental dilemmas of our time.

<https://www.livvydrake.com>

**12:55-13:40 “Grow your Own Medicine Garden”
Belle Benfield (Seed Sistas)**

Belle Benfield



Belle Benfield is an artist, herbalist and wanderer, singing tales of the land through art and plant medicine. She is the founder of Heartfelt Herbs and illustrator of the Sensory Herbal Handbook. She works as a healer, guiding her clients on their healing journey with herbal medicine, authenticity coaching and movement in clinic and in group programs and workshops. Belle’s international art practice explores ways in which we can build resilience to austerity and the ongoing assault on our natural environment by developing the relationship between the plants that grow around us (or that we cultivate), our bodies and well-being. Her garden is a hub for the bees and for making love-filled plant medicine.

www.heartfeltherbs.com

13.50 - 14.50 “Wisdom Cycles: Honouring the natural rhythms of Nature for inner nourishment and balance” (a talk for women)

Natalie McGrorty



Natalie is an Intuitive Coach, Face Reader, Massage Therapist and Doula with particular expertise in pelvic pain conditions, menstrual health, fertility and postnatal replenishment. Natalie supports women in reconnecting to the inherent wisdom and natural rhythms of the body, as a guiding force in their lives.

<http://www.lunarhealingarts.com>

**15.00 - 16.00 “When our soils are gone, we too must go
- unless we find some way to live on raw rock”**

Richard Spalding



Richard Spalding has had a lifetime with his hands in the soil. He has been fortunate to combine careers in horticulture and human geography and has recently retired from UWE-Bristol.

He has lived in Winterbourne for the past 25 years and has worked as trustee of the Winterbourne Medieval Barn Trust and is co-founder of the Blue Finger Alliance which is seeking to secure the strip of high-grade agricultural land running out of the City of Bristol for food production.

He is currently developing a healing garden at home with a view to inviting people to come and share his passion for the therapeutic benefits of being with and in the soil.

16.10 - 16.50 “Stories of a Broken Planet”

Fern Jameson-Green, Extinction Rebellion



17.00 - 18.00 “Maintaining peace in overwhelming times & Satsang (Q&A)”

Rev. Devaja Ciccolella and Padma Devi Sumananda

Rev. Devaja Ciccolella



Rev Devaja came to know Integral Yoga in 2001. In 2003 he then completed his Basic Hatha Yoga teacher's training and received Mantra Initiation.

Early 2004 found Rev. Devaja living at the San Francisco IY Center where he completed his Intermediate Teachers Training and attended numerous workshops.

Late 2004 found Rev. Devaja settling down at Satchidananda Ashram, he lived, served and studied there till Sept. 2019. Living at the Ashram has provided many

opportunities to attend a wide variety of countless workshops and events, including Raja TT and Laughing Yoga TT, Stress Management TT.

Meditation, Pranayama, Mantra, Chanting and Ayurveda workshops.

In 2011, Rev Devaja was Ordained an Integral Yoga Minister and also served as one of the Pujaris at the Ashram. Shortly after receiving Ministry Ordination, he was appointed to serve as the Director of IY Seminary program for the IY Ministry. Rev. Devaja was just recently married and now resides in the UK where he hopes to spend his retirement years serving and teaching Integral Yoga.

Rev. Devaja strives to live a life of service and dedication in all areas of his life.

17.00 - 18.00 “Maintaining peace in overwhelming times & Satsang (Q&A)”

Rev. Padma Devi Sumananda



Founder & President of Heart of Living Yoga Foundation. Director, Integral Yoga U.K.

Rev. Padma has been studying and practising yoga for over 50 years, since she was 19. Her beloved guru, Sri Swami Satchidananda, found her in 1991 when she became his devoted student, then an Integral Yoga teacher, centre head, a teacher trainer, European co-ordinator and finally a Minister.

In 2006 Rev. Padma went to Sri Lanka to visit the orphanage where Sri Swami Satchidananda had lived for many years.

It was during that visit to Sri Lanka, soon after the tsunami, that Padma set up the work of the charity “Heart of Living Yoga

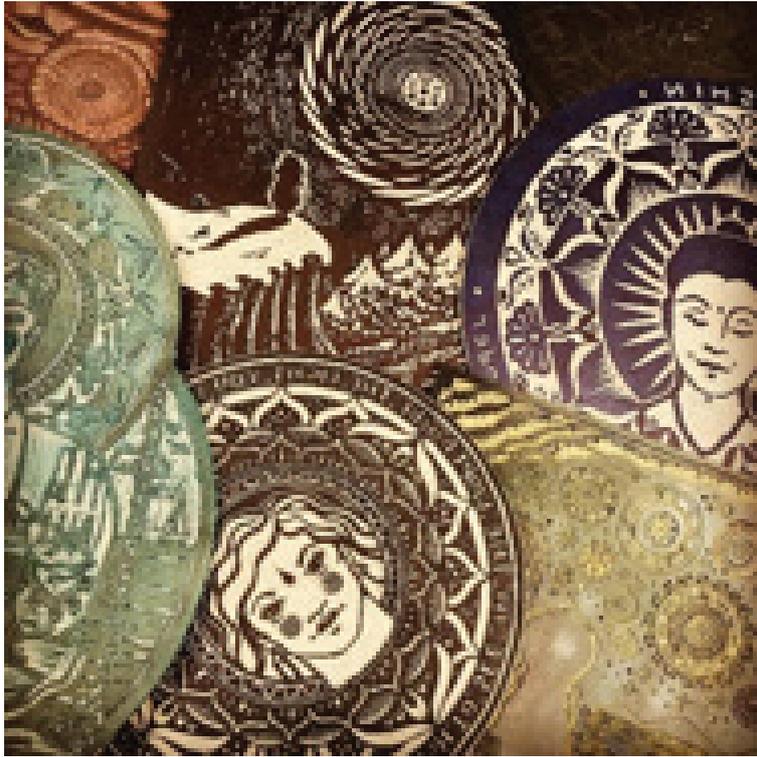
Foundation”. Her charity now works with disadvantaged children & their families in India, Sri Lanka, Brazil, the U.K. & U.S.A.

Rev. Padma currently serves as a Director of Integral Yoga U.K, President of Heart Of Living Yoga Foundation, Director of Holistic Special Education Foundation in Sri Lanka & Director of Heart of Living Yoga India.

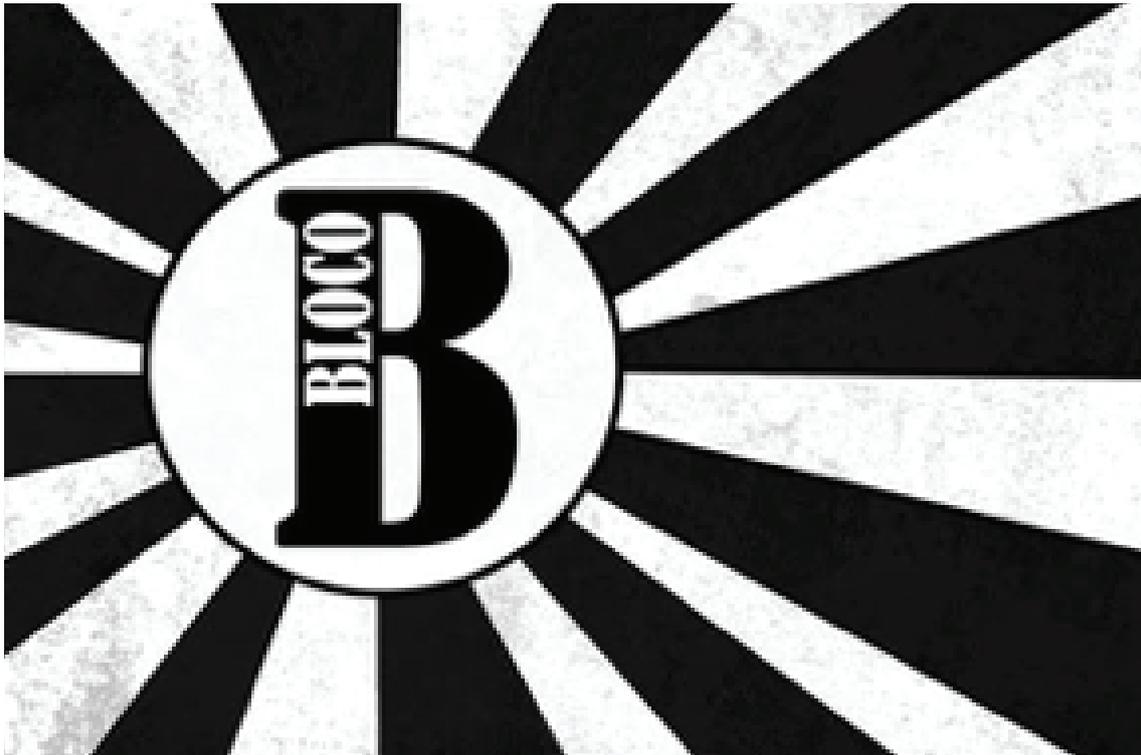
She teaches internationally and has set up several yoga centres and charity projects in different parts of the world. She lives and breathes yoga and service to all.

18.10 - 18.40 Art auction and raffle prizes (Rachel)

Thanks to Kelly Ishwara Waldek IshwariArt and many others...



18.45 - 19.15 Bloco B Samba Band



Bloco B are a new Bristol-based samba band. Their vibe is fresh and energetic. They all come with many years of playing in Samba bands across Bristol and you can't help but dance when they are in the room.

<https://www.facebook.com/BLOCOB.UK/>

***at 7pm the Samba Band Bloco B will start playing to make everyone dance, move and gather together for our Closing Ceremony, held by Kate Dineen (time and venue still TBC - but should be around 7.30pm)

19.30 - Closing Ceremony

Kate Dineen



While she finds all therapeutic modalities beneficial, for Kate the very deep healing she received while doing the medicine wheel brought such profound changes and shifts to her outlook and life that it is the wisdom wrought from this process which she wholeheartedly offers to others now.

Her training as a Shamanic Healer included profound psychological dismemberment held within the structure of the medicine wheel. This process of demolition and rebuilding with the sweetness, love and harmony of the cosmology of the wisdom-keepers of Peru offered profound personal transformation as well as depths of insight hitherto undreamed of.

Kate Trained with the Four Winds, The Healing Trust, ITEC, MTI and College of Psychic Studies. She specialises in Illuminations, Extractions, Soul Retrieval, Destiny Retrieval, Healing Karmic & Ancestral lineages, Despachos, Rite of the Womb and Munay Ki Transmissions.

<https://www.katedineen.com>

ONE EARTH BRISTOL LINE UP

THE MUSIC TENT

11.45 - 12.45 Kirtan | Kalyani and Nick Malin

Kate Braithwaite <https://kalyaniyoga.org>



Kate completed her Yoga Teacher Training with Integral Yoga in October 2009. In addition to her Yoga Teacher Training her other qualifications, particularly Cognitive Behavioural Therapy, naturally weave into her work.

For Kate, the practise that most speaks to a place beyond the mind, is Kirtan. Kirtan is an exquisite way to express a heart's longing for connection and peace.

Kate was gifted a beautiful harmonium which is an instrument traditionally used in devotional worship both in India and more historically in the UK too. Kate has been learning to play the harmonium for the last two years and now offers Kirtan in collaboration with Nick Malin. The collaboration has brought about a beautiful expression of devotion through music.

11.45 - 12.45 Kirtan | Kalyani and Nick Malin

Nick Malin



Nick has been a yoga teacher and practitioner for over 8 years. His work brings together yoga asana, pranayama and meditation. Alongside his training and deep journeys in Qigong and energy healing he combines his knowledge and wisdom with a shamanic psychology of mind and shadow integration work.

Nic has been a musician for over 20 years and his passion lies in holding space and using sound in healing ceremonies, yoga and meditation settings. He plays guitar, percussion, didgeridoo and other space holding instruments. For Nic, Kirtan fuses his two paths and passions in life; that of yoga and that of music.

<https://www.nicmalin.com>

13.00 -14.00 “Singing for the Earth” choir | Rosie Sleightholme

Rosie Sleightholme

<https://rosiesingssomesongs.bandcamp.com/>

15:00-16:00 “Inner Pieces” Musical Performance - close your eyes and meditate if you wish

Andrew Ford - Inner pieces



Andrew from Inner Pieces is a multi instrumentalists who makes music for meditation, relaxation and yoga. He plays musical instruments from all over the world including Hang, RAV drum and Native American Flute.

Andrew began his musical career playing guitar and keyboards in various bands. Playing shows up and down the country and supporting a number of high profile acts within the reggae scene.

However, prolonged exposure to loud music meant that his hearing suffered and a new path needed to be forged.

After much reflection and looking within, Inner Pieces was formed out of a desire to help people through music. He now specialises in music for meditation, yoga and relaxation, running sessions in yoga studios and also performing in hospitals and hospices.

Innerpieces.co.uk

16.15 -17.15 Gong bath Sophie Griffiths

Sophie Griffiths - Feral and True



Sophie is a yoga and nature-based facilitator, with a passion to reconnect us to our true nature as creatures of this earth.

She specialises in hatha flow, restorative yoga, shakti yoga and sound healing.

Her practices give space to clear the clutter of the mind and gently guide you back to your own truth, heart and soul.

She qualified with the School of Sacred Arts in Bali in 2017,

recognised by the Yoga Alliance and later with the Natural Academy, accredited by OCN.

<https://www.feralandtrue.com>

17.30 - 18.30 Kirtan - Bharati and Dinesh

Bharati and Dinesh - www.bharatidinesh.co.uk



We have been singing, chanting and sharing the path of devotion with our local community for the last twelve years. We are lucky to live in a beautiful part of the Cotswolds, near Stroud.

Our music is a combination of Hindu, Buddhist and Sikh mantras and chants, accompanied by harmonium, guitar and tabla or dholak drum. We have been inspired by the music of Goma, Krishna Das, Snatam Kaur, Amma, Jai-Jagdeesh and many others.

Since holding our first satsang evening in our home in 2006 we have been asked to play at various yoga camps and festivals, interfaith celebrations and retreats, weddings and birthday celebrations.

We both feel very clear that sharing kirtan is not about 'us', but more about creating a space together where we all feel held and safe and where we all feel able to let go and unfold in the arms of the Divine, and begin to experience the love and connection we all yearn for. The music and the chants can take us into a space deep within ourselves and yet we do not forget that 'we are all in this boat together' helping each other to cross the Ocean of Samsara.

ONE EARTH BRISTOL LINE UP

YOGA & MEDITATION TENT

11.45 - 12.45 “Yoga for Health and Harmony: life is fragile and sacred, and robust and regenerative at the same time”

Frances Lewis



Frances Lewis is a British Wheel of Yoga qualified teacher and has been teaching Yoga since 2000. She has a love of Yoga that is clearly visible in her teaching and is dedicated to sharing the gifts of Yoga. Frances is a nurturing and empowering tutor.

During her classes Frances guides you towards bringing your attention back into the present moment and encourages you to build a loving

respectful relationship with yourself:

- * Be in your body
- * Breathe
- * Feel the sensations
- * Find a sense of pleasure in movement

<http://www.franceslewis.co.uk>

13.00 - 13.45 "Family yoga"

Lucy Arnsby-Wilson



Lucy Arnsby-Wilson is a Dr of Clinical Psychology, a mother to three, yogini, and a passionate yoga nidrasta!

She is interested in how yoga can support us to find our own inherent capacity to find healing and wellness, our connection with each other and our connection to the earth.

Lucy works with children and adults and is delighted to be coming to share this work with you all.

Lucy's session will offer families time to explore the wisdom and wonder of their own bodies. Through play and curiosity, as she believes that yoga has the capacity to guide us all back home to a place of peace and wellness.

The session will also include some time for deep rest and through the practice of yoga nidra, a playful journey inside the body on a magical adventure. This class is suitable for all ages and stages of development and for all abilities.

14.00 - 14.30 “Meditation for children”

Michelle Coombs



Michelle has worked with children and young people with social, emotional and mental health issues in a variety of settings for over a decade now.

Michelle believes that if we can pass onto our children and young people tools and strategies that can help to unpick these issues, it will help to ease the mental health crisis we are facing well into the future.

If we can reach out to children and young people and teach them to meditate and live more mindfully it can help to ease the detrimental effects of trauma.

Michelle is at the moment, working towards becoming a reiki practitioner and compiling a programme of Mindful Mentoring.

14.45 - 15.45 “Yoga Activism: A peace demonstration on your mat”

Morven Hamilton



Morven Hamilton has been practising yoga since 1995 and teaching it since 2008.

During her time working as a teacher, teacher trainer and group facilitator she has seen yoga radically transform people’s lives. Morven’s aim is to share yoga’s vital tools for self-empowerment and healing. Her own journey with Yoga began with an intuition that this ancient practice contains the

secrets to health, happiness and peace, and she teaches from her own transformational experience. Her Mindful Hatha teaching style has evolved from her roots in Akhanda holistic yoga and her training with Breathworks as a Mindfulness teacher. Morven works with themes in her classes, weaving yogic ideas into the practice to give the practitioner a direct experience of yoga in action in today’s world.

<https://www.yogabynature.org>

16.00 - 17.00 “A Medicine Circle for Women” | Rachel Fleming and Marinella Benelli

Rachel Fleming



Rachel Fleming is a mother of twin boys, a healer and a women’s yoga teacher. She has studied within the Sivananda tradition of classical Hatha Yoga and Vedanta and then with Uma Dinsmore-Tuli in Pregnancy Yoga, Women’s Yoga, Well Woman Yoga Therapy and Yoga Nidra.

Her healing work centres around Reiki, crystals and meditation. She has been known to sing in her classes a fair bit in fact.

Her teaching and healing style is joyful and heart centred and draws deeply from the feminine, the Divine and the humorous. Rachel has a deep connection with nature and considers herself a sacred activist and Earth Protector.

<https://www.yogaforhersoul.co.uk>

16.00 - 17.00 “A Medicine Circle for Women” | Rachel Fleming and Marinella Benelli

Marinella Benelli



The core of Marinella’s work is with women, empowering them through the gifts of the menstrual cycle and the seasons of our life with a combination of women’s yoga therapy, Ayurveda, massage, menstrual awareness and ritual.

She draws her inspiration from the earth and moon cycles and how these are reflected so perfectly within a woman’s body.

She is particularly passionate about supporting mothers and considers herself a postpartum advocate with a mission of restoring the ancient wisdom of postpartum care where mother is at the centre.

She has had the honour to train with amazing teachers such as Uma Dinsmore-Tuli, Alexandra Pope, Jane Hardwicke-Collings, Jane Bennet, Frances Lewis, Sofia Araujo, Rosita Arvigo and the UK Arvigo Team.

<https://www.earthmoonmala.com>

17.15 - 18.00 “Metta Meditation for adults” | Nick Malin

Nick Malin



Nic has been a yoga teacher and practitioner for over 8 years. His work brings together yoga asana, pranayama and meditation.

Alongside his training and deep journeys in Qigong and energy healing he combines his knowledge and wisdom with a shamanic psychology of mind and shadow integration work.

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<https://www.nicmalin.com>

ONE EARTH BRISTOL LINE UP

CRAFT & PLAY TENT

11.45 - 12.45

Waldorf craft session for parents and children | Jan Coles

13.15 - 14.15

Making soap with Kelly Allen (Happy Holistics)

14.45 - 15.45

Play session for children

16.15 - 17.15

Storytelling circle TBC

ONE EARTH BRISTOL LINE UP

EXTRA'S (OUTSIDE TENTS)

12.00 - 16.00 "Woodland Wonders: Forest School" | Martha Farrell

Martha Farrell



We are really really pleased that Martha Farrell from Woodland Wonders is able to come and offer drop in forest school sessions throughout the afternoon at this event.

Martha started work with pre-schoolers in 1996 and did her first training in New York before moving out to Maryland. She travelled/wandered around the world for 6 years before having her son in 2004 and re-starting her Early Years work.

She is a qualified Forest School Leader. She has always preferred the ways children learn outdoors without all the paperwork and nonsense and that's where her heart has always been.

Forest school activities allow children to explore their own ideas immersed in nature's elements, extending play and learning, using their imaginations while engaged in natural, therapeutic, inspiring environments. Creating bonds, making memories and sharing experience.

We LOVE Martha's sessions and know that learning to love the forest is an important part of growing the Earth Protectors of the future.

14.00 - 15.00 “Herb Walk”

Becs Griffiths



Becs holds a BSc (Hons) First class degree in Herbal Medicine. The National Institute of Medical Herbalists also awarded her the Arthur Baker Award for best final clinical examination in the UK and the Dorothy Carroll Award for top final clinical examination at UEL in 2009. She has seven years of clinical experience and have treated hundreds of patients. She spent a year studying Appalachian Herbal Medicine.

She studied Chinese diagnostics and Chinese herbs for 18 months with Dedj Liebbrant. She then spent a year with Nathaniel Hughes at the Intuitive School of Herbal Medicine, deepening her knowledge of local herbal medicine.

Having had a son in the last year, she is more than ever committed to treating mothers and children in her clinic. She is currently taking an accredited antenatal and doula training course with Amanda Rayment and Dominique Sakoilsky. This will enhance her ability to support and assist women and their families during pregnancy, birth and postpartum.

<https://www.rhizomeclinic.org.uk>

The woman with magic hands

Leonie Klein



The lovely Leonie Klein will be giving shiatsu treatments at our beautiful little festival style day. She has magic in her hands. And I speak from experience. Her treatments leave me feeling grounded and happy.

Book in for a 30 min treatment with her as soon as you arrive. Suggested donation £10-20 all proceeds go to Stop ecocide. Beware, she will book up in a flash

Leonie Klein is a fully qualified and experienced practitioner offering Shiatsu and Massage treatments from in Bristol. She uses her intuitive touch and sensitivity to give deep, powerful and transformative bodywork treatments.

I offer a choice of Shiatsu (clothed bodywork therapy) to give your body-mind-being an opportunity to rejuvenate, re-energise and repair itself. The treatments can ease physical discomfort, support emotional wellbeing, counter the impacts of chronic stress in our bodies and support general health. Receiving bodywork is not only an essential part of a healthy lifestyle but a precious gift for the body we demand so much of.

<https://leoniekleinmassage.co.uk>